



2025

CHECK OUT MORE MARCH UNPLUGGED



NEEDHAM UNPLUGGED

ELECTRONIC-FREE FUN FOR THE MONTH OF MARCH

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Needham Unplugged is an awareness campaign and a reminder that there is more to life than what is on the other side of a plug or screen. The activities listed emphasize person-to-person interaction and wellness for everyone! Some activities require registration. For more information on any of the listed activities, contact Needham Youth & Family Services at needhamyouth@needhamma.gov or by calling 781-455-7500

1 Free Swim
at Charles River YMCA
Must bring calendar for entry!
Saturdays and Sundays
1pm-3:15pm

2 Make a Bucket List
Create a list of things you want to do with the people you love this spring! How many can you cross off in March?

3 Drop-In Teen Group
for Middle and High Schoolers
Every Monday at the
Needham Free Public Library
3:30-4:30pm

4 Stacey Peasley
Preschool Musician
Needham Free
Public Library
10-10:45am

5 "Emotions 101" with
Deborah Farmer Kris
Live and In-Person!
Broadmeadow Elementary School
FREE ADMISSION 6:30-8pm

6 Get tickets
for Mamma Mia! at NHS
Friday March 7th at 7pm
Saturday March 8th at 7pm
Sunday March 9th at 2pm

7 Kids Night Out
Hosted by Needham Parks & Rec
Rosemary Recreation Complex
5:30-7:30pm
\$35 ADMISSION

8 Art in Bloom Exhibit
Needham Free Public Library
9am-5pm
Live Floral Demonstration at 11am
Open 3/8 and 3/9

9 Spring Forward for
Daylight Savings
Spend more time outside
today to soak up the extra
light after a long winter!
What time will the sun set?

10 Indoor "Camping"
Set up a "tent" inside after
dark, tell ghost stories,
pretend to warm up by the
fire, and eat s'mores!

11 Reserve Museum Passes
Visit Needham Free Public Library
to reserve passes for over 20
museums and zoos in the greater
Boston area

12 2025 NEF Trivia Bee
Needham High School Cafeteria
7-8:30pm
www.nefneedham.org

13 Needham Public Schools
No Homework
Night!

14 Make a pie for Pi Day!

15 Needham Open Gym
High Rock Gym
Ages 11 and under, 1pm-4pm
\$5 ADMISSION

16 St. Patrick's Day Parade
South Boston
11:30am

17 Breakfast for Dinner
Eat your favorite breakfast
foods in the evening together
with no phones at the table!

18 Building Fairy Houses
for Tweens
Ages 8-14
Dover Public Library
4-6pm

19 Family Game Night
Pick your favorite board
game or grab a deck of cards

20 Mindful Community
Book Club Discussion
"Fourteen Talks By Age Fourteen"
written by Michelle Icard
12-1pm or 7-8pm
Needham Free Public Library

21 Public Ice Skating
Babson Rink, Wellesley
Jack Kirrane Rink, Brookline
Veterans Memorial Rink, Waltham

22 DIY Craft Night
Make collages or vision boards,
mold clay figures, decorate a
journal or diary, or draw family
portraits together

23 Breath of Fresh Air
Visit Cutler Park Reservation,
Needham Town Forest, or
another favorite local nature
trail. Pack food for a picnic!

24 Social Media Cleanse
Challenge
Make a bet with someone - who
can go the whole day without
checking any social media?

25 Think Spring
Buy seed packets and soil for
different flowers and herbs. Use
small pots or cardboard egg
crates, water, and place in a
bright window inside to sprout

26 Random Act of Kindness
Pick one thing you can do to
surprise and brighten
someone's day

27 Drop-In Lego Time
Needham Free Public Library
Ages 5+
3:30-5pm

28 Snail Mail
Write a letter or draw a card to
someone you might normally call or
text. Stamp and mail it out "the old-
fashioned way"!

29 Donation Day
Drop off donations to an
organization you love! Ideas can
include toys and blankets to an
animal shelter, canned goods to a
food pantry, or clothing and hygiene
products to local family shelters

30 + 31 Mark Your Calendars
for April!
"Essential Parenting Conversations and
How to Have Them" with Michelle Icard
Live and In-Person, April 2nd, 2025
Powers Hall, Needham Town Hall
FREE ADMISSION 7-8:30pm