

Needham Youth & Family Services

Youth Commission Meeting Notes

10/11/2017

Materials Distributed (both prior to or/and at the meeting): Agenda; Minutes of 9/13/2017; October Department Report; Updated Board Listing; Forde Award nomination form; Mental Health First Aid concept paper; Postvention Policy Draft

- **Accepted Minutes of 9/13/2017**
- **Clinical Focus: Postvention Procedures**
We have been working with Lynn to develop policies and procedures that would benefit NY&FS
Members reviewed a draft of the Postvention and gave feedback

Updates given:

- Staff members are attending a training on “Shirting the Narrative: Helping Adolescents Recover from traumatic Grief and Suicide Loss in October with other HHS staff
- Internship Collaborative started on 9/29
- We have already been contacted by Hillside, Broadmeadow, and Newman to offer groups in the schools
- Caitlin has started with new clients and we currently do not have anyone on our clinical waitlist
- We have had many SAAP referrals and are starting to take care of them one by one.
 - Catherine Delano from Public Health will help up with a few of these cases as well
- **Program Focus : Metrowest Health Foundation Grant and Mental Health First Aid**
We are working with my staff and some Public Health staff to develop a **grant proposal for Mental Health First Aid**. Mental Health First Aid is an evidence-based program that trains participants about adolescent mental health challenges and instructs them on a 5-step action plan to help youth in crisis and non-crisis situations. Needham’s plan is to submit a proposal to bring an ongoing series of Mental Health First Aid training to a broad range of interested partners in Needham; this would be done by spending grant funds to certify staff members as trainers (nurses, social workers, guidance counselors, etc...even an officer, if you’d like) and then deploying those staff members as needed to conduct trainings for their colleagues, community groups, Needham parents, and anyone else who might be interested in developing skills to identify and respond to a youth in need.
Community Partners include:
Dan Gutekanst, Superintendent NPS

Aaron Sicotte, Principal NHS
Tamatha Bibbo, Pollard Middle School
Tom Denton, Director of Guidance
Barbara Singer, Director of Nursing
John Schlittler, Chief of Police
Sandy Robinson, Needham Community Council
Rame Hanna, Director of Diversity & Inclusion and Title IX Coordinator,
Olin College

Updates given:

- VIP
- Reach Out Day
- Ray of Hope
- Forde Award

- **Community Focus**

Jack reported that the Senior Field held at Needham High School on Friday October 6th was a success

Updates given:

- Provided 7 additional community consultations this month (new forms were created to help track and document these interactions)
- Solution Committee meetings continue to meet. We currently sit on 3 committees...all team meeting is tomorrow...looking forward to an update on all
- Attended a Women Leading Government session earlier this month. We had the pleasure of hearing from Lt. Governor Karyn Polito
- Domestic Violence Action Committee meetings meet monthly
- YRN had a great roundtable last month
 - Jess Moss from Aging Services presented a family
 - Greg Bayse, Amy Goldman and I attended the Interfaith Clergy Association meeting yesterday
- Working with Ashley at Needham Cable to run some educational pieces for parents.
 - Scheduling for October's piece on Bullying
- Attending Coffee and Conversation with Anne-Marie Bajwa, Present of the Charles River Center on Friday
- Attending SPAN leadership meeting on November 1st
- Rep. Garlick is hosting a mental health and substance use community forum (**Right Information at the Right Time; Validating Mental Health and Substance Use Issues, Identifying Resources and Empowering Individuals and Families with a Plan of Action for When You Need It**) on November 13th and we were asked to be a panelist/community resource

- **FY 2019 Budget Updat**

- **Old/New Business:**
- **Adjourn**

Members Present: Julie Stevens, Jack Cruickshank, Kevin Keane, Karen Mullen, and Shayan Raza

Members Absent: Susan Patkin, David Bookston and Vin Springer

Division Staff Present: Katy Colthart, Carolyn Tracey, Maria Papantoniou and Ben Aronson

Notes By: Katy Colthart